


Welcome  
**Restaurant Vista Mar**




# Spring menu

## Starter

**Spring salad**  **16.50**  
Leaf salads with tomatoes, spring onions, apple and blueberries  
with Italian dressing

## Main courses

**Spaghetti with green asparagus and ham<sup>(CH)</sup>** **26.50**  
Spaghetti with sautéed green asparagus and strips of ham  
with a light cream sauce

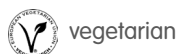
**Beetroot carpaccio**  **24.50**  
Finely chopped beetroot with rocket salad on a sesame dressing  
served with homemade hummus

**Asparagus salad with Swiss chicken breast** **27.50**  
Salad of fresh green asparagus with a sesame dressing  
served with grilled chicken breast

## Dessert

**Panna Cotta with rhubarb** **13.50**  
Homemade yogurt panna cotta with rhubarb compote

**Between 12.00 – 14.00 o'clock the preparation of these dishes could require some extra time as usual. We asked you kindly for your understanding.**



## Snacks

Cheese tartlet	4.50
Ham croissant	4.50
Silserli	4.50
Bread roll with cold cuts	4.50
Bircher muesli with fruits	8.50
Home-made fruit tart	5.20
Portion of whipped cream	1.50

Please find more snacks in our showcase

## Canapés

with asparagus, egg, ham, salami or asparagus & egg	5.50
with tuna or celery	6.00
with smoked salmon	7.00

## Sandwiches

with, ham, salami, meat loaf or cheese	7.50
with tuna	8.50

## Soups



Grisons barley soup	8.50
Tomato cream soup	9.50



## Salads

Green salad		7.50
Mixed salad		10.50
Deep fried pike-perch on mixed salad with home-made tartar sauce Small portion: 18.50		22.50
Spa plate various salads with smoked salmon		24.50
	<u>simple</u>	<u>garnished</u>
Sausage salad	16.50	21.50
Sausage-cheese salad (Ementaler cheese)	16.50	21.50
Tuna salad	16.50	21.50

## Vegetarian dishes

Salad platter „Wellness“ seasonal salad with Emmentaler cheese, cucumbers and carrots		17.50
Salad platter „Alexandria“ various salads with falafel		21.50
Spaghetti verdure - with vegetables in spicy tomato sauce Small portion: 19.50		21.50
Spaghetti with tomato sauce Small portion: 16.50		18.50
Home-made onion-cheese tart with various salads		18.50

The salads are served with our fine house dressing

## Child menu (up to 12 years)

Spaghetti with tomato sauce, glass of syrup	9.00
Chicken nuggets with French fries, glass of syrup	11.00

## Hot dishes

Warm meals can be ordered from 11.15 am to 9.45 pm

\*Chicken breast from the grill with herb butter  
served with french fries 23.50

\*Breadcrumbs pork escalope served with french fries 24.50  
Small portion: 19.50

\*Veal sausage with home-made onion sauce  
served with french fries 21.50

\*Pork cordon bleu served with french fries 26.50

\*Chicken cordon bleu served with french fries 24.50

**\*Dishes are also available as fitness platter with mixed salads on house dressing**

8 chicken nuggets on various salads 21.50  
home-made sauce to choose: tartar or curry

Sliced veal „Casimir“ 26.50  
on curry sauce with fruits, served with rice  
Small portion: 21.50

Spaghetti Bolognese 21.50  
Small portion: 17.50

Spaghetti Morano - spicy 25.50  
with garlic, olive oil, chilli, cherry tomatoes  
and sliced breadcrumbed pork escalope  
Also available as vegan: 20.50

Green side salad 3.50

Mixed side salad 6.00

Portion of French Fries 7.50

<b><u>Mineral water &amp; Softdrinks</u></b>	<b><u>20 cl</u></b>	<b><u>30 cl</u></b>	<b><u>50 cl</u></b>	<b><u>100 cl</u></b>
Arkina (still water)	2.90	3.80	5.50	8.00
Rhüzünser (acidulated water)	2.90	3.80	5.50	8.00
Ice-Tea	3.30	4.20	6.00	
Ramseier Apfelschorle	3.30	4.20	6.00	
Citro	3.30	4.20	6.00	
ZAMBA orange juice	5.20	7.80		
Tap water	2.00	2.50	3.50	

\*Please understand that we charge tap water for the service provided with it.

### **Softdrinks bottles**

Coca-Cola / Coke Zero			33 cl	4.80
Rivella rot / blau			33 cl	4.80
Sinalco			30 cl	4.80
Ramseier Huus-Tee Minze			33 cl	4.80
Schweppes Tonic Water / Bitter Lemon			20 cl	4.80
Gazzosa Fizzy (several flavors)			35 cl	5.20

### **Juices**

Fresh squeezed ZAMBA juice (several flavors)			25 cl	6.50
Ramseier apple juice			30 cl	4.80
Ramseier Suure Moscht (non-alcoholic)			50 cl	5.50
Ramseier Suure Moscht (with alcohol)			50 cl	5.50

### **Wine by glass**

**1 dl**      **5 dl**

#### **White**

Féchy (CH) – Chasselas	4.50	21.00
Pinot Grigio (ITA) – Grauburgunder	4.50	21.00

#### **Rose**

Oeil de Perdrix (CH) – Pinot Noir	4.50	21.00
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#### **Red**

Magdener Blauburgunder (CH) – Pinot Noir	5.50	26.00
Primitivo Salento (ITA) – Primitivo	4.50	21.00

<b><u>Draft beer</u></b>	<b><u>20 cl</u></b>	<b><u>30 cl</u></b>	<b><u>50 cl</u></b>
Feldschlösschen Hopfenperle / Panaché (with Citro)	3.60	4.70	6.00
Feldschlösschen Dunkle Perle	3.80	4.90	6.50
Feldschlösschen Saisonbier	3.80	4.90	6.50

### **Beer bottles**

Feldschlösschen Bügel		50 cl	6.50
Feldschlösschen (non-alcoholic)		33 cl	4.90
Feldschlösschen Weizenfrisch (non-alcoholic)		33 cl	4.90

### **Aperitifs and spirits**

Prosecco		10 cl	8.00
Apérol Spritz		20 cl	9.50
Dolce Vita (Passion fruit syrup, prosecco and mineral water)		20 cl	9.50
Martini Floreale (non-alcoholic)		20 cl	8.50
Gespritzter Weisswein		20 cl	5.50
Campari	23%	4 cl	6.50
Cynar	16%	4 cl	6.50
Martini bianco / rosso	15%	4 cl	6.00
Kirsch	40%	2 cl	6.00
Williamine Morand	43%	2 cl	6.50

### **Coffee & Co.**

Espresso			4.50
Double Espresso			7.00
Coffee			4.50
Milk coffee			5.00
Cappuccino			5.00
Kaffee Mélange			6.00
Latte Macchiato			6.00

All coffee specialities are also available decaffeinated and/or with vegetable milk.

Milk cold		20 cl	2.90
Cold chocolate (Caotina or Ovomaltine)		30 cl	4.40
Hot chocolate (Caotina or Ovomaltine)		20 cl	4.20
Tee (Ronnefeldt, several flavors)			4.50

## Origin of meat and fish

### Meat

Beef	Switzerland
Veal	Switzerland
Pork	Switzerland
Lamb	Australia / New Zealand
Duck	France
Chickenbreast	Switzerland
Chicken Nuggets	Argentina
Venison	EU / New Zealand
Pheasant	EU / New Zealand

### Fish

Pike perch	Ukraine / Germany
Salmon	Norway / Scotland
Tuna	Philippines
Shrimps	Vietnam / Thailand*

\*Could be produced with hormones and/or antibiotics or others antimicrobial performances.